



## WELLNES TOURISM AT MEMENING TEMPLE OF YEHTENGAH ADAT VILLAGE KELUSA VILLAGE, PAYANGAN DISTRICT, GIANYAR REGENCY

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### ABSTRACT

*Tourism that highlights the aspects of wellness/health and cultural heritage that are noble. In Yehtengah Traditional Village, Kelusa Village, Payangan District, Gianyar Regency, Bali Province, there is a tourist attraction in the form of Pancoran Solas at the Mengening Temple. This place has a very strong mystical aura that attracts spiritual aspirants to visit this place and also attracts yoga aspirants. In this study the method used is a qualitative method. Sugiyono (2020: 9) argues that the qualitative research method is a research method based on positivism or enterpretive philosophy, used to examine the condition of natural objects, where the researcher is the key instrument, data collection techniques are carried out by triangulation. The results of the review show that Pancoran Solas at the Mengening Temple in Yehtengah Traditional Village, Kelusa Village, Payangan District, Gianyar Regency, with all its spiritual activities, is very suitable to be developed as a spiritual and wellness tourism object in Bali. Supported by a very strong mystical/supernatural aura in the Mengening Temple area of Yehtengah Traditional Village.*

**Keywords :** *wellness, cultural, Yehtengah*

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### I. INTRODUCTION

Bali as a tourism destination relies on cultural tourism which is strongly supported by the preservation of traditional institutions such as traditional villages, which exist in every region in Bali. These traditional institutions are highly supported by the sustainability of their development. Tourism has contributed to saving all cultural values which also have tourism values (WTO 1979:19). The role of the government is really needed, especially support in terms of coaching and financial support that supports development. stated in article 1 paragraph 3 of Law Number 10 of 2009 it is explained that Tourism is a variety of tourist activities and is supported by various facilities and services provided by the community, businessmen, Government and Regional Governments.

In Bali, there are many melukat places that can be visited by tourists and Balinese people in particular. Melukat is a spiritual cleansing or purification of the mind and soul in humans which eliminates feelings of negative in humans and provides a relaxing effect that can calm the mind so it is effective for reducing stress (Artana, 2018). In the Yehtengah Traditional Village, Kelusa Village, Payangan District, Gianyar Regency, there is the Mengening Temple which has a Pancoran Solas for melukat tours to dissolve mala or illness and can also be used for self-cleaning. Few know that the Mening Temple is not only located in Tampak Siring, but



the Menening Temple is also in Yehtengah Traditional Village, Kelusa Village, Payangan District, Gianyar Regency, where in this temple there is a place for yoga and melukat. The island of Bali has extraordinary tourist attractions, so that tourists never get bored visiting Bali again and again. An increase in the number of tourists to Bali will not destroy Balinese culture, but will strengthen the bonds of the Balinese people to their cultural traditions (McKean 1973).

## METHOD

In this study the method used is a qualitative method. Sugiyono (2020: 9) argues that the qualitative research method is a research method based on positivism or enterpretive philosophy, used to examine the condition of natural objects, where the researcher is a key instrument, data collection techniques are carried out by triangulation (combination of observations, interviews, documentation ), the data obtained tend to be qualitative data, data analysis, inductive/qualitative in nature, and the results of qualitative research are to understand meaning, understand uniqueness, construct phenomena, and find hypotheses.

## II. RESULT AND DISCUSSIONS

### 3.1. The origins of the Mengening Temple in Yehtengah Traditional Village, Kelusa Village, Payangan District, Gianyar Regency.

Mengening Temple comes from the word "ening" which means clean without the slightest dirt. Usually the word ening is closely associated only with water (Toya ening) which means very clear water. The present Temple of Mengening Traditional Village of Yehtengah known as one of the wellness tours or a place to melt mala. This temple is owned by the Yehtengah Traditional Village, formerly those who served as Stakeholders at the Mengening Temple were I Made Dana (late) and Ni Ketut Pakil (late). Now replaced by his heirs, namely I Made Thank (48) and Ni Nyoman Aristini (47). In this temple there are Pancoran Solas (eleven showers originating from holy springs) which are used as serana tirta in religious ceremonies and can also be used as a place to make healing requests for health for those suffering from abstract diseases and can also be used to ask for abstract personal hygiene. Pemedek who will melukat in Pancoran Solas must use traditional clothing, and outside the Pengengker Temple Mengening wall there are 4 additional showers for people who want to take a bath outside of Spiritual interests (only for regular bathing)



Figure 1. Front View Pura mengening Desa Adat Yehtengah

( Source : Research, 18 April 2023 )

According to Yehtengah Traditional Village Chief Drs. I Made Sukadana, M.Si, Piodalan at the Mengening Temple of Yehtengah Traditional Village on Saniscara Umanis, Watugunung

(Saraswati Day). Like temples in Bali in general, the Temple of Mengening Yehtengah is divided into three parts (Tri Mandala). At Utama Mandala there is the Paringgih shrine of Ida Betara, Pura Taman near the lake and several other shrines. In the Madya Mandala section there are Bale Gong, Perantenan, Taman Telaga which are neatly arranged and Pancoran Solas as a place for Nunas Tirta or Melukat. On

Nista Mandala (outside Penyengker Pancoran Solas and outside Penyengker Pura), there are 4 showers for people who want to bathe outside of Spiritual interests (only for regular bathing), there is a wantilan, and there is also 1 Pancoran as a place for nunas toya (water needs) drink). In this place there is a large yard that can be used for yoga activities. With a location that is very far from community activities because it is located in the northeast corner of the Yehtengah Traditional Village with an unspoiled green atmosphere and the sound of gurgling water can be heard from the location of Pancoran Solas (Pancoran eleven).

### **3.2. The Attraction of the Mengening Temple in Yehtengah Traditional Village as Wellness Tourism**

If asked by foreign or local tourists what good spiritual nuanced tourist spots are in the Gianyar region, most of them will surely answer Tirta Empul and Mengening Temple in Tampaksiring. But if asked to the residents of Kelusa Village, Payangan District to be precise in Yehtengah Traditional Village, of course they will answer Mengening Temple in Ten Kangin or Beten Kangin, which means in the lower eastern region. Because in that area there is indeed the Mengening Temple. The following is the main attraction of the Yehtengah Traditional Village Mengening Temple:

#### **3.2.1. The Holy Bathing Place or the Melukat place and the Nunas Tamba place.**

The Mengening Temple of Yehtengah Traditional Village is a place for melukat and as a place for wellness tourism or to cleanse oneself from malaise and as a place to ask for health in an abstract manner. In this place there are 11 showers that come from holy springs which are used during Odalan at the Mengening Temple and are also used as places to melukat for people who suffer from abstract (non-medical) diseases.



Figure 2. Pancoran Solas at Pura Mengening Desa Adat Yehtengah

( Source: Research, 18 April 2023 )

### 3.2.2. The mystical aura of Mangening Temple, Yehtengah Traditional Village

According to the Adat District Head of Yehtengah Banjar, now Cokorda Gede Agung, S.Pd, in the framework of Odalan Management, mutual cooperation was held with all Prajuru which included Prajuru Traditional Village, Prajuru Banjar, Prajuru Subak, and the community, in this activity on Sunday morning, June 19 2016 (Full moon Sadha). Around 10 in the morning he took a photo of the people who were cleaning on the west cliff of the Mengening Temple. After a few days he looked at the photos on his cell phone. It turned out that one of the photos caught by the cellphone contained a man in white clothes behind me. Wayan Widada (Department of the Office at that time) who resembled I Wayan Widada's body style, the photo shocked the public who saw the photo. Unfortunately the camera resolution at that time was very small so the photos looked unclear and the Yehtengah Indigenous Villagers believed that there was a very strong mystical aura in the Mengening Temple area of Yehtengah Traditional Village.



Figure 3. Appearance of a man dressed in white

( Source : Cokorda Agung Documentation, 19 Juni 2016 )

### 3.2.3. Mountain atmosphere

The location of Pancoran Solas at the Mengening Temple in Yehtengah Traditional Village, Kelusa Village, Payangan District, Gianyar Regency is not in the mountains but has a mountain-like atmosphere. This temple area is surrounded by tall green trees so that the quality of culture in this place feels very cool. This place is very quiet because the location is far from residential areas and far from the noise of motorized vehicles which causes spiritual aspirants to use this place for spiritual meditation or yoga.





Figure 4. Green View at Mengening Temple  
( Source : Research, 18 April 2023 )

#### 2.3.4 Mengening Temple as a wellness tour

Many local residents and some foreign tourists do the wrestling or melting the mala at the Mengening Temple. Among them, there is an organization engaged in the field of yoga and meditation, namely Markandya Yoga Teacher Training Course And Yoga Healing Bali Workshop, which did the ritual prayer together on January 12 2017. In addition, there are also many residents who come from outside the area of Yehtengah Traditional Village who pray or nunas tirta for tamba (medicine) for those who have non-medical illnesses.



Figure 5. Yoga preparation activities  
(Source : I Gde Nyana Documentation, 12 Januari 2017)



Figure 6. Melukat activities  
(Source : I Gde Nyana Documentation, 12 Januari 2017)

### III. CONCLUSION

Based on the description above, it can be concluded that Pancoran Solas at Mengening Temple in Yehtengah Traditional Village, Kelusa Village, Payangan District, Gianyar Regency, with all its spiritual activities, is very suitable to be developed as a spiritual and wellness tourism object in Bali. And the mystical/supernatural aura is very strong in the Mengening Temple area of Yehtengah Traditional Village which attracts spiritual practitioners to do yoga and melukat to ask for health and is very good for wellness tourism.

At first, many Gianyar people did not know that the Mengening Temple was also in the Yehtengah Traditional Village, because road access was very difficult and they had to go through the subak road (pound uma) for 1 Km to reach Pancoran Solas at Mengening Temple. Now it can be accessed by both two-wheeled and four-wheeled vehicles. After the repairs, many residents have melted or melted the mala at the Mengening Temple. Among them is an organization engaged in the field of yoga and meditation, namely Markandhya Yoga Teacher Training Course and Yoga Healing Bali Workshop, which did the ritual prayer together on January 12 2017. In addition, many residents also came from outside the area or the area of Yehtengah Traditional Village who did the ritual prayer. or nunas tirta for tamba (medicine) for those who have non-medical illnesses. And if you are at the Mengening Temple, you will definitely feel calm because of the air and the gurgling water of the shower that washes away, decorated by the tall treetops

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